

**Human Activin A ELISA Kit  
(hActA-ELISA)***Cat. No. EK0301**96 Tests in 8 x 12 divisible strips***Background**

Activin A is a homodimer of 14kDa beta-A. Activin A, a cytokine member of the transforming growth factor-beta superfamily, is expressed locally by the mesenchymal component of the hemopoietic microenvironment. Its expression is regulated on the mRNA level by different cytokines, and the biological activity of the protein is tightly controlled by several inhibitory molecules. Inhibins and activins are members of the transforming growth factor beta superfamily and are known to modulate the growth and differentiation of several cell types. Inhibins and activins inhibit and activate, respectively, the secretion of follitropin by the pituitary gland. Inhibins/activins are involved in regulating a number of diverse functions such as hypothalamic and pituitary hormone secretion, gonadal hormone secretion, germ cell development and maturation, erythroid differentiation, insulin secretion, nerve cell survival, embryonic axial development or bone growth, depending on their subunit composition. Inhibins appear to oppose the functions of activins. The standard product used in this kit is recombinant Activin A, which is composed of two single chains of 116 amino acids with the molecular mass of 26KDa.

ScienCell's human Activin A ELISA Kit is based on standard sandwich enzyme-linked immunosorbent assay technology. Human Activin A-specific monoclonal antibodies are precoated onto 8 x 12 strips. The human specific detection monoclonal antibodies are biotinylated. The test samples and biotinylated detection antibodies are subsequently added to the wells and then washed with PBS or TBS buffer. Avidin-Biotin-Peroxidase Complex is added and unbound conjugates are washed away with PBS or TBS buffer. HRP substrate TMB is used to visualize HRP enzymatic reaction. TMB is catalyzed by HRP to produce a blue color product that changes into yellow after adding acidic stop solution. The intensity of yellow is proportional to the human Activin A amount of sample captured in strips.

<b>Size</b>	96 Tests in 8 x 12 divisible strips
<b>Assay type</b>	Sandwich ELISA
<b>Range</b>	62.5 pg/ml-4000 pg/ml
<b>Sensitivity</b>	< 12 pg/ml
<b>Specificity</b>	No detectable cross-reactivity with any other cytokine.
<b>Storage</b>	Store at 4°C for frequent use, at -20°C for infrequent use. Avoid multiple freeze-thaw cycles

<b>Shipping</b>	Shipped on gel ice.
<b>Expiration</b>	Four months at 4°C and eight months at -20°C.
<b>Application</b>	For quantitative detection of human Activin A in cell culture supernates, serum, plasma (heparin, EDTA) and saliva.
<b>Kit components</b>	<ol style="list-style-type: none"> <li>1. Lyophilized recombinant human Activin A standard: 10ng/tube×2.</li> <li>2. 8 x 12 divisible strips precoated with anti- human Activin A antibody.</li> <li>3. Sample diluent buffer: 30 ml</li> <li>4. Biotinylated anti- human Activin A antibody: 130µl, dilution 1:100.</li> <li>5. Antibody diluent buffer: 12ml.</li> <li>6. Avidin-Biotin-Peroxidase Complex (ABC): 130µl, dilution 1:100.</li> <li>7. ABC diluent buffer: 12ml.</li> <li>8. TMB color developing agent: 10ml.</li> <li>9. TMB stop solution: 10ml.</li> </ol>
<b>Materials Required But Not Provided</b>	<ol style="list-style-type: none"> <li>1. Microplate reader.</li> <li>2. Automated plate washer.</li> <li>3. Adjustable pipettes and pipette tips. Multichannel pipettes are recommended for large number of samples.</li> <li>4. Clean tubes and Eppendorf tubes.</li> <li>5. Washing buffer (neutral PBS or TBS).</li> </ol> <p>Preparation of 0.01M TBS: Add 1.2g Tris, 8.5g NaCl; 450µl of purified acetic acid or 700µl of concentrated hydrochloric acid to 1000ml H<sub>2</sub>O and adjust pH to 7.2-7.6. Finally, adjust the total volume to 1L.</p> <p>Preparation of 0.01 M PBS: Add 8.5g sodium chloride, 1.4g Na<sub>2</sub>HPO<sub>4</sub> and 0.2g NaH<sub>2</sub>PO<sub>4</sub> to 1000ml distilled water and adjust pH to 7.2-7.6. Finally, adjust the total volume to 1L.</p>
<b>Usage</b>	This product is for research use only. It is not approved for use in humans, animals, or <i>in vitro</i> diagnostic procedures.

## Reference

1. Shav-Tal, Y.; Zipori, D. The role of activin a in regulation of hemopoiesis. *Stem Cells*. 2002;20(6):493-500.
2. Di, Loreto, C.; Reis, FM.; Cataldi, P.; Zuiani, C.; Luisi, S.; Beltrami, CA.; Petraglia, F. Human mammary gland and breast carcinoma contain immunoreactive inhibin/activin subunits: evidence for a secretion into cystic fluid. *Eur J Endocrinol*.1999 Aug;141(2):190-4.

## Protocol for Human Activin A ELISA (96 well format)

### Notes before you begin

1. To inspect the validity of experiment operation and the appropriateness of sample dilution proportion, a pilot experiment using standards and a small number of samples is recommended.
2. The TMB Color developing agent should be colorless and transparent before using.
3. Before using the kit, spin tubes and bring down all components to the bottom of tubes.
4. A duplicate well assay is recommended for both standard and samples.
5. Do not let wells dry, as this will inactivate active components in wells.

6. Do not reuse tips and tubes to avoid cross contamination.
7. Avoid using reagents from different batches.
8. In order to avoid marginal effect of plate incubation due to temperature difference (reaction may be stronger in the marginal wells), it is suggested that the diluted ABC and TMB solution be pre-warmed in 37°C for 30 minutes before use.

## Preparation

### Sample Preparation and Storage

Store samples to be assayed within 24 hours at 2-8°C. For long-term storage, aliquot and freeze samples at -20°C.

Avoid repeated freeze-thaw cycles.

- **Cell culture supernatant, tissue lysate or body fluids:** Remove particulates by centrifugation, analyze immediately or aliquot and store at -20°C
- **Serum:** Allow the serum to clot in a serum separator tube (about 4 hours) at room temperature. Centrifuge at approximately 1000 X g for 15 min. Analyze the serum immediately or aliquot and store frozen at -20°C.
- **Plasma:** Collect plasma using heparin, EDTA, citrate as an anticoagulant. Centrifuge for 15 minutes at 1500 x g within 30 minutes of collection. Analyze immediately or aliquot and store frozen at -20°C.
- **Saliva:** Collect saliva using a collection device without any protein binding or filtering capabilities such as a Salivette or aliquot and store samples at -20°C.

### Sample Dilution Guideline

The user needs to estimate the concentration of the target protein in the sample and select a proper dilution factor so that the diluted target protein concentration falls near the middle of the linear regime in the standard curve. Dilute the sample using the provided diluent buffer. The following is a guideline for sample dilution. Several trials may be necessary in practice. **The sample must be mixed well with the diluent buffer.**

- **High target protein concentration (40-400ng/ml).** The working dilution is 1:100. i.e. Add 1 µl sample into 99 µl sample diluent buffer.
- **Medium target protein concentration (4-40 ng/ml).** The working dilution is 1:10. i.e. Add 10 µl sample into 90 µl sample diluent buffer.
- **Low target protein concentration (62.5-4000 pg/ml).** The working dilution is 1:2. i.e. Add 50 µl sample to 50 µl sample diluent buffer.
- **Very Low target protein concentration (≤62.5 pg/ml).** No dilution necessary, or the working dilution is 1:2.

### Reagent Preparation and Storage

A. Reconstitution of the human Activin A standard: Activin A standard solution should be prepared no more than 2 hours prior to the experiment. Two tubes of Activin A standard (10ng per tube) are included in each kit. Use one tube for each experiment.

- 10,000 pg/ml of human Activin A standard solution: Add 1 ml sample diluent buffer into one tube, keep the tube at room temperature for 10 minutes and mix thoroughly.
- 4000 pg/ml of human Activin A standard solution: Add 0.4 ml of the above 10ng/ml Activin A standard solution into 0.6 ml sample diluent buffer and mix thoroughly.
- 2000 pg/ml→62.5 pg/ml of human Activin A standard solutions: Label 6 Eppendorf tubes with 2000 pg/ml, 1000 pg/ml, 500 pg/ml, 250 pg/ml, 125 pg/ml, 62.5 pg/ml, respectively. Aliquot 0.3 ml of the sample diluent buffer into each tube. Add 0.3 ml of the above 4000pg/ml Activin A standard solution into 1st tube and mix. Transfer 0.3 ml from 1st tube to 2nd tube and mix. Transfer 0.3 ml from 2nd tube to 3rd tube and mix, and so on.

**Note:** The standard solutions are best if they are used within 2 hours. The 10ng/ml standard solution should be stored at 4°C for up to 12 hours, or at -20°C for up to 48 hours. Avoid repeated freeze-thaw cycles.

- B. Preparation of biotinylated anti- human Activin A antibody working solution: The solution should be prepared no more than 2 hours prior to the experiment.
- The total volume should be:  $0.1\text{ml/well} \times (\text{the number of wells})$ . (Allowing 0.1-0.2 ml more than total volume)
  - Biotinylated anti-human Activin A antibody should be diluted in 1:100 with the antibody diluent buffer and mixed thoroughly.
- C. Preparation of Avidin-Biotin-Peroxidase Complex (ABC) working solution: The solution should be prepared no more than 1 hour prior to the experiment.
- The total volume should be:  $0.1\text{ml/well} \times (\text{the number of wells})$ . (Allowing 0.1-0.2 ml more than total volume)
  - Avidin- Biotin-Peroxidase Complex (ABC) should be diluted in 1:100 with the ABC dilution buffer and mixed thoroughly.

### **Assay Procedure**

The ABC working solution and TMB color developing agent must be kept warm at 37°C for 30 minutes before use. When diluting samples and reagents, they must be mixed completely and evenly. Standard Activin A detection curve should be prepared for each experiment. The user will decide sample dilution fold by crude estimation of Activin A amount in samples.

1. Aliquot 0.1ml per well of the 4000 pg/ml, 2000 pg/ml, 1000 pg/ml, 500 pg/ml, 250 pg/ml, 125 pg/ml, 62.5 pg/ml, human Activin A standard solutions into the precoated 8 x 12 divisible strips. Add 0.1ml of the sample diluent buffer into the control well (**blank well**). Add 0.1ml of each properly diluted sample of human serum, plasma, body fluids, tissue lysates or cell culture supernatants to each empty well. See “**Sample Dilution Guideline**” above for details. We recommend that each human Activin A standard solution and each sample is measured in duplicate.
2. Seal the strips with the cover and incubate at 37°C for 90 min.
3. Remove the cover, discard the strips’ contents, and blot the strips onto paper towels or other absorbent material. **Do NOT** let the wells completely dry at any time.
4. Add 0.1ml of biotinylated anti-human Activin A antibody working solution into each well and incubate the strips at 37°C for 60 min.
5. Wash the strips 3 times with 0.01M TBS or 0.01M PBS, and each time let washing buffer stay in the wells for 1 min. Discard the washing buffer and blot the strips onto paper towels or other absorbent material. (**Strips Washing Method**: Discard the solution in the strips without touching the side walls. Blot the strips onto paper towels or other absorbent material. Soak each well with at least 0.3 ml PBS or TBS buffer for 1~2 minutes. Repeat this process two additional times for a total of THREE washes. Note: For automated washing, aspirate all wells and wash THREE times with PBS or TBS buffer, overfilling wells with PBS or TBS buffer. Blot the strips onto paper towels or other absorbent material).
6. Add 0.1ml of prepared ABC working solution into each well and incubate the strips at 37°C for 30 min.
7. Wash the strips 5 times with 0.01M TBS or 0.01M PBS, and each time let washing buffer stay in the wells for 1-2 min. Discard the washing buffer and blot the strips onto paper towels or other absorbent material.(See Step 5 for strip washing method).
8. Add 90 µl of prepared TMB color developing agent into each well and incubate the strips at 37°C in dark for 25-30 minutes (**Note**: For reference only, the optimal incubation time should be determined by end user. And the shades of blue can be seen in the wells with the four most concentrated human Activin A standard solutions; the other wells show no obvious color).
9. Add 0.1ml of prepared TMB stop solution into each well. The color changes into yellow immediately.
10. Read the O.D. absorbance at 450 nm in a microplate reader within 30 minutes after adding the stop solution.

For calculation, (the relative O.D.450) = (the O.D.450 of each well) – (the O.D.450 of blank well). The standard curve can be plotted as the relative O.D.450 of each standard solution (Y) vs. the respective concentration of the standard solution (X). The human Activin A concentration of the samples can be interpolated from the standard curve.

**Note:** if the samples measured were diluted, multiply the dilution factor to the concentrations from interpolation to obtain the concentration before dilution.

### Summary

1. Add samples and standards and incubate the strips at 37°C for 90 min. Do not wash.
2. Add biotinylated antibodies and incubate the strips at 37°C for 60 min. Wash strips 3 times with 0.01M TBS.
3. Add ABC working solution and incubate the strips at 37°C for 30 min. Wash strips 5 times with 0.01M TBS.
4. Add TMB color developing agent and incubate the strips at 37°C in dark for 25-30 min.
5. Add TMB stop solution and read.

### **Typical Data Obtained from Human Activin A**

(TMB reaction incubate at 37°C for 25 min)

Concentration (pg/ml)	0.0	62.5	125	250	500	1000	2000	4000
Absorbance (450 nm)	0.027	0.059	0.087	0.158	0.279	0.622	1.389	2.546

### **Typical Human Activin A ELISA Kit Standard Curve**

This standard curve was generated for demonstration purpose only. A standard curve must be run with each assay.

